

## Meal Maker Kit Shopping List

- 1 can kidney beans
- 1 can chili beans
- 1 can diced tomatoes
- 1 can sloppy joe mix
- 1 packet of chili seasoning

### Optional

- crackers
- corn bread
- May add - canned fruit, dessert item, or drink mix to provide a complete meal.



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### Additional Information

- Place all items in a bag and attach the recipe below to the bag.
- The Care Service will provide perishable items needed for the recipe.
- Meal Maker Kits may be dropped off Monday - Friday, 8:30 am - 4:30 pm at The Care Service (4116 McClay Rd) or in the gathering space at Sts. Joachim & Ann Church.

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## Chili

### Ingredients :

- 1 pound ground beef or pork
- 1 can kidney beans
- 1 can chili beans
- 1 can diced tomatoes
- 1 can sloppy joe mix
- 1 packet of chili seasoning
- ½ cup chopped onion
- ½ cup chopped peppers

### Directions:

Brown the ground beef, drain the fat then add the onions and peppers.

Add canned goods and cook through till hot. Stir frequently to avoid burning. Serve with crackers, corn bread, cheese and sour cream.

### Notes :



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