

Meal Maker Kit Shopping List

- 1 can tomato sauce (15 ounce each)
- 1 box dry medium pasta shells
- 1 pouch Velveeta cheese sauce

Optional

- garlic salt
- pickle slices
- bacon bits
- May add - canned fruit, dessert item, or drink mix to provide a complete meal.



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Additional Information

- Place all items in a bag and attach the recipe below to the bag.
- The Care Service will provide perishable items needed for the recipe.
- Meal Maker Kits may be dropped off Monday - Friday, 8:30 am - 4:30 pm at The Care Service (4116 McClay Rd) or in the gathering space at Sts. Joachim & Ann Church.

Cheeseburger Skillet

Ingredients :

- 1 pound ground round beef (85% lean)
- ½ cup chopped onion
- ½ teaspoon garlic salt
- 1 can tomato sauce (15 ounces each)
- 2 cups dry medium pasta shells, uncooked
- 1-1/4 cups water
- 1 packet of Velveeta sauce

Directions:

Heat large skillet over medium-high heat. Add beef, onion and garlic salt; cook 7 minutes or until beef is crumbled and no longer pink, stirring occasionally. Drain.

Add tomato sauce, pasta and water; stir to combine. Bring to a boil. Cover; reduce heat and cook 12 minutes or until pasta is tender.

Add grated cheese and toppings as desired.

Notes :



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